John 5:10-17

1. Jesus’ commands and expectations are predicated on His ability and not ours.
2. What we cannot do on our own we can do through Christ who strengthens us.
3. This principle is absolutely true though it is rarely manifested to its full potential in any person’s life.
4. However, the failure is ours and not God’s.
5. When Jesus’ commanded an infirmed man to, “Get up, pick up your pallet, and walk,” the man was immediately enabled to obey.
6. Later on He commanded the same man, “Do not sin anymore.”
7. What we are discussing is whether or not both commands are possible to obey.
8. Last week we saw that we, who are true followers of the Lord Jesus Christ, possess the mind of Christ.
9. We possess a new mindset, a new perspective, and a new understanding of God, His Word, and the power of His indwelling presence.
10. Additionally we have received an abundance of grace and the gift of righteousness.
11. The gift of righteousness is the basis of our acceptance by God, and the abundance of grace has to do with God’s provision related to living the life He wants us to live.
12. So let’s continue our examination of God’s all-sufficient provision.

I. We have been delivered from the power of sin.
   A. According to Romans 6:3-4 a wonderful event has occurred that enables us to walk in newness of life.
      Or do you not know that all of us who have been baptized into Christ Jesus have been baptized into His death? 4 Therefore we have been buried with Him through baptism into death, so that as Christ was raised from the dead through the glory of the Father, so we too might walk in newness of life.
   B. Note some clearly stated truths and admonitions that apply to every genuine follower of Jesus Christ.
      1. Romans 6:5-7
         For if we have become united with Him in the likeness of His death, certainly we shall also be in the likeness of His resurrection, 6 knowing this, that our old self was crucified with Him, in order that our body of sin might be done away with (made powerless), so that we would no longer be slaves to sin; 7 for he who has died is freed from sin.
         NOTE: Here we have God’s Emancipation Proclamation related to our former slavery to sin.
      2. Romans 6:11
         Even so consider yourselves to be dead to sin, but alive to God in Christ Jesus.
         NOTE: We have to believe that we are no longer slaves to sin.
      3. Romans 6:12-14
         Therefore do not let sin reign in your mortal body so that you obey its lusts, 13 and do not go on presenting the members of your body to sin as instruments of unrighteousness; but present yourselves to God as those alive from the dead, and your
members as instruments of righteousness to God. 14 **For sin shall not be master over you,** for you are not under law but under grace.  
NOTE: God expect us to live accordingly.

4. Romans 6:17-18
  But thanks be to God that though you were slaves of sin, you became obedient from the heart to that form of teaching to which you were committed, 18 and having been freed from sin, you became slaves of righteousness.  
NOTE: We serve a new Master, and because we do we are enabled to live a new life.

C. Paul wrote the following in Colossians 1:13.
  For He rescued us from the domain of darkness, and transferred us to the kingdom of His beloved Son, 14 in whom we have redemption, the forgiveness of sins.

D. Paul taught in Romans 7 that although the law of sin still works in our members we can have victory through Jesus Christ our Lord.

E. He went on to declare, “For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and death.” Romans 8:2

II. We are indwelt by the Holy Spirit.

A. We are enabled by the Holy Spirit to set our minds on the things of the Spirit. Romans 8:5
  For those who are according to the flesh set their minds on the things of the flesh, but those who are according to the Spirit, the things of the Spirit.

B. We are also enabled by the Holy Spirit to mortify, or put to death, the deeds of the body. Romans 8:12-14
  So then, brethren, we are under obligation, not to the flesh, to live according to the flesh — 13 for if you are living according to the flesh, you must die; but if by the Spirit you are putting to death the deeds of the body, you will live. 14 **For all who are being led by the Spirit of God, these are sons of God.**  
NOTE: We are no longer the slaves of sin so we no longer need to live under the power of sin.

C. Paul issued a stern warning in Galatians 5:18-22.
  **But if you are led by the Spirit, you are not under the Law.** 19 Now the deeds of the flesh are evident, which are: immorality, impurity, sensuality, 20 idolatry, sorcery, enmities, strife, jealousy, outbursts of anger, disputes, dissensions, factions, 21 envying, drunkenness, carousing, and things like these, of which I forewarn you, just as I have forewarned you, that those who practice such things will not inherit the kingdom of God.

D. To which he added the following. Galatians 5:22-24
  But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, 23 gentleness, self-control; against such things there is no law. 24 **Now those who belong to Christ Jesus have crucified the flesh with its passions and desires.**

III. We possess precious and magnificent promises.

A. 2 Peter 1:2-4
  Grace and peace be multiplied to you in the knowledge of God and of Jesus our Lord; 3 seeing that His divine power has granted to us everything pertaining to life and godliness, through the true knowledge of Him who called us by His own glory and excellence. 4 **For by these He has granted to us His precious and magnificent promises, so that by them you may become partakers of the divine nature, having escaped the corruption that is in the world by lust.**  
NOTE: We possess a new nature, and we are no longer under the power of sin.
B. 1 John 1:9 is an example of one of God’s precious and magnificent promises.  
If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us  
from all unrighteousness. 10 If we say that we have not sinned, we make Him a liar and  
His word is not in us.

C. All of God’s promises have their fulfillment in Christ. 2 Corinthians 1:20-22  
For as many as are the promises of God, in Him they are yes; therefore also through  
Him is our Amen to the glory of God through us. 21 Now He who establishes us with you  
in Christ and anointed us is God, 22 who also sealed us and gave us the Spirit in our hearts  
as a pledge.

IV. We are a new creation, and we possess a new motivation.
A. 2 Corinthians 5:17  
Therefore if anyone is in Christ, he is a new creature; the old things passed away; behold,  
new things have come.
B. 1 John 3:1-3  
See how great a love the Father has bestowed on us, that we would be called children of  
God; and such we are. For this reason the world does not know us, because it did not know  
Him. 2 Beloved, now we are children of God, and it has not appeared as yet what we will  
be. We know that when He appears, we will be like Him, because we will see Him just as  
He is. 3 And everyone who has this hope fixed on Him purifies himself, just as He is  
pure.

APPLICATION  
1. It is a sin to entertain sin in our lives since God has provided us all we need to have victory.  
2. In light of the passages we have looked at this morning how can we excuse and even embrace  
sin in our lives and still claim to be children of God?  
3. Praise God that if we as Christians do sin, “We have an advocate with the Father, Jesus Christ  
the righteous,” but that reality should not be an excuse.  
4. In closing note the following. 1 John 2:1-6  
My little children, I am writing these things to you so that you may not sin. And if anyone  
sins, we have an Advocate with the Father, Jesus Christ the righteous; 2 and He Himself  
is the propitiation for our sins; and not for ours only, but also for those of the whole world. 3  
By this we know that we have come to know Him, if we keep His commandments. 4 The  
one who says, "I have come to know Him," and does not keep His commandments, is a  
liar, and the truth is not in him; 5 but whoever keeps His word, in him the love of God  
has truly been perfected. By this we know that we are in Him: 6 the one who says he  
abides in Him ought himself to walk in the same manner as He walked.